



2023-24 Training Schedule

Our on-snow training schedule for the 23-24 season is shown below. Please understand that during early season training (before Christmas) training times are subject to change due to limited hill space available. This schedule represents our current expectations. Stay flexible and stay tuned.

Watch for updates on Heja, and RSVP to all events you plan to attend on Heja. Regular Ski Club training outlined below begins in December as soon as temperatures and snowfall allow. Ski area is closed Mondays except for Holiday weeks.

U8-U10

**Tuesdays 3:15-5:15 pm
Thursdays 3:15-5:15 pm
Saturdays 1:00-4:00 pm
Sundays 1:00-4:00 pm**

U12

**Tuesdays 3:15-5:15 pm
Wednesdays 3:15-5:15 pm
Thursdays 3:15-5:15 pm
Saturdays 1:00-4:00 pm
Sundays 1:00-4:00 pm**

U14

**Tuesdays 5:15-7:15 pm
Wednesdays 5:15-7:15 pm
Thursdays 5:15-7:15 pm
Fridays - Off site training Middlebury Snowbowl 8:00 am start
Saturdays 9:00 - 12:00 pm
Sundays 9:00 - 12:00 pm**

U16-U18

**Tuesdays 5:15-7:15 pm
Wednesdays 5:15-7:15 pm
Thursdays 5:15-7:15 pm
Fridays - Off site training Middlebury Snowbowl 8:00 am start
Saturdays 9:00 - 12:00 pm
Sundays 9:00 - 12:00 pm**