



## Dryland Training and Schedule, Fall 2020 -

### **IMPORTANT:**

Please read the **Cochran's Ski Club COVID-19 Guidelines**. Print and sign a **Waiver** and **Good Health and Safe Practices** form, and bring it to your first dryland, or sign one on site. This year's dryland will be slightly different due to the COVID-19 pandemic, but we will still provide the same fun filled training while being COVID conscious! Please **RSVP** to each dryland training (details to follow) so we can be prepared and keep everyone safe.

### **Sunday Sept 27, 3:00-5:00 pm**

at Cochran's Ski Area

First day of dryland!

Ski club fall meeting will be virtual this year!! Details to follow

### **Sunday Oct 4, Dryland 3:00-5:00 pm**

at Cochran's Ski Area

### **Sunday Oct 11, start at 9:00 am**

Camel's Hump Hike – meet at Burrows trailhead (Huntington side)

Rain or shine – or Snow!

All kids should have a parent or designated adult with them on the hike. Depending on numbers we may have staggered start times to spread the crowd out.

### **Sunday Oct 18, 3:00-5:00 pm**

at Cochran's Ski Area

Bring your bikes and helmets! Let us know if you need a bike to borrow.

Equipment Fit Day 5:00-6:00 pm – bring your gear to check sizing and condition with your coaches, get organized before Ski Sale!

Parents, help will be needed during dryland on Ski Sale, activities TBA

### **Sunday Oct 25, 10:00-12:00 pm - TENTATIVE**

Workday at Cochran's Ski Area!! The ski area does so much for us throughout the winter, lets give back and help Jimmy and crew out for a couple hours.

Bring work gloves and other work attire. Parents are welcome.

More details to follow.

### **Cochran's Online Ski & Ride Sale – TBD Consignment Drop Off -- Details to Follow**

### **Sunday Nov 8, TIME TBD**

at Cochran's Ski Area

Last Day of Dryland!

Last Day of Ski Sale – NOV. 8 or 9<sup>th</sup>